Answer at least 8 of the following questions on a lined piece of paper

1. What are my earliest memories? How far back can I remember?
2. What are the most important things that have happened to me in my life so far?
3. What have I seen that I cannot forget?
4. What’s an incident that shows what my family and I are like?
5. What’s an incident that shows what my friends and I are like?
6. What’s an incident that shows what my pet(s) and I are like?
7. What’s something that happened to me at school that I'll always remember?
8. What’s something that happened to me at home that I'll always remember?
9. What’s a time when I had a feeling that surprised me?
10. What’s an incident that changed how I think or feel about something?
11. What’s an incident that changed my life?
12. What’s a time or place that I was perfectly happy?
13. What’s a time or place that I laughed a lot?
14. What’s a time or place when it felt as if my heart were breaking?
15. What’s a time with a parent that I'll never forget?
16. What’s a time with a grandparent that I'll never forget?
17. What’s a time with a sibling that I'll never forget?
18. What’s a time with another relative that I’ll never forget?
19. What’s a time I learned to do something or did something for the first time?
20. What memories emerge when I make a timeline of my life so far and not the most important things that happened to me each year?